

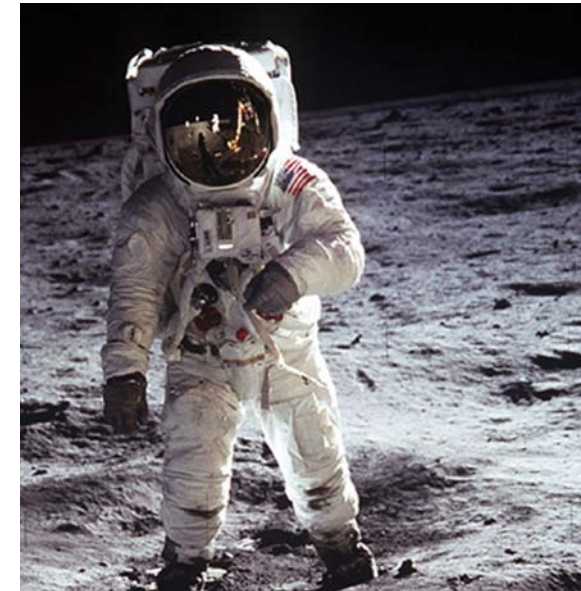
TempraKON®



temperature-regulating down bedding

THE WORLD'S FIRST BEDDING WITH ACTIVE TEMPERATURE CONTROL

Store manual




QUILTS OF
DENMARK
www.QOD.dk
make your day

TempraKON®



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TempraKON®



The problem:

Fluctuating temperature and the inability to maintain the right temperature for a deep, comfortable sleep.

People typically set their bedroom temperature low and thus, they feel cool and reach out for the comforter for more warmth. However, heat radiating from the body can be trapped under the comforter preventing your body from cooling down and sending you off to sleep. This increases the body temperature and creates discomfort instead. It is not uncommon for people to toss and turn as their bodies search for the ideal temperature.

We all know the problem: When you go to bed, you feel cold so you pull up your comforter closely around your body. After some hours of sleep you start feeling too warm and you kick off the comforter.

A while later, your body temperature decreases and you feel cold again. You pull the comforter back on. These cycles might continue all night causing disturbance to your sleep.

Another problem is when two people sleep in the same bed, share a comforter and radiate heat but have different levels of tolerance to temperature. One party may find the shared quilt too warm and the other may find it not warm enough.

The logo for Quilts of Denmark features a stylized white bird or leaf design above the text 'QUILTS OF DENMARK' and the website 'www.QOD.dk'. Below this, the slogan 'make your day' is written in a smaller font.

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The solution : TempraKON

TempraKON helps you achieve and maintain the right temperature for a comfortable sleep.

Too cool...? Too Warm...?
TempraKON just right

TempraKON beddings stores and releases excess body heat to keep the temperature and humidity within your bed in the optimum range for restful sleep. By eliminating temperature swings throughout the night, you are less likely to wake up from cold or overheating. The result is a deeper, more restful sleep

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Unique Selling Points for TempraKON down bedding

- ✓ Reduces overheating and night sweating
- ✓ Adapts to your thermal needs - Absorbs excess heat.
- ✓ Adjusts independently to you and your partners needs.
- ✓ When your body temperature drops, stored heat is released back to you
- ✓ Helps you sleep more soundly
- ✓ Patented technology, developed by NASA
- ✓ Filled with the best grade I Siberian white down.
- ✓ Machine washable – warm wash
- ✓ Approved by Danish Asthma Allergy Association
- ✓ 100% Cotton

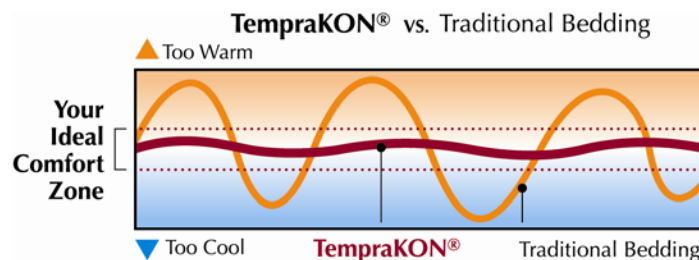
TempraKON®



Sleep / temperature

Periods of deep sleep are extremely important – they allow our brains to "tidy up" and prepare for the next day. The more soundly you sleep, the more rested and full of energy you will be to meet the forthcoming day. TempraKON® offers active regulation of body temperature so that you sleep more peacefully and comfortably. You are not disturbed by twisting and turning because you are either too hot or too cold. This means you increase periods of "beneficial sleep". Our ability to concentrate and our memories are considerably improved by a good night's sleep.

Your body passes through several phases of sleep during the night and body temperature normally fluctuates while you are sleeping. If your body is too hot or cold, your sleeping rhythm will be disturbed.



TempraKON®



Sleep / temperature

Revolutionary TempraKON material maintains your body temperature for a deeper, more restful sleep. Our TempraKON hypoallergenic bedding controls and maintains your body temperature and the humidity within your bed, reducing sweating and minimizing tossing and turning throughout the night. The result is sleeping environment of superior quality.

And because it's so effective at maintaining the perfect temperature, the TempraKON comforter is the ideal bedding solution for two people to sleep soundly together in the same bed.

This name emphasizes the unique ability to do temperature (Tempra) control (KON).

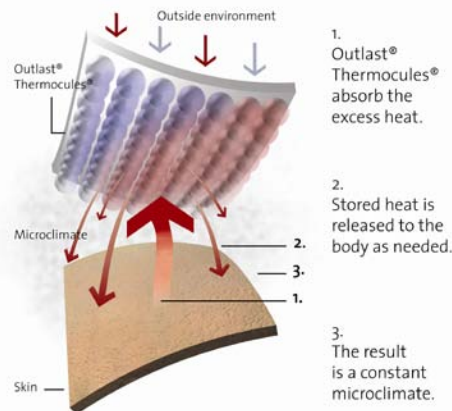
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How does it work ?

- ❖ Our TempraKON temperature-regulating material is comprised of soft, insulating down lined with a layer of high-tech mini-packets called Thermocules™.
- ❖ As your body warms up, thousands of Thermocules™ absorb the excess heat.
- ❖ When your body temperature drops, stored heat is released back to you.
- ❖ This process continues through the night, creating a microclimate conducive to sound, restful sleep.

OUTLAST® technology - the key to temperature regulation.



TempraKON®



How can I feel that it works ?

Put a hand on each side of the comforter.
Feel how the active side (with red piping) instantly will store
you body heat, by cooling down your hand.



TempraKON absorbs your body heat when you
generate too much, and releases it when you get too cold.
This helps you sleep more soundly

TempraKON®



Down

Only the finest down filling is used in TempraKON products.

Situated at the Jenisej River, Krasnojarsk is traversed by the Trans-Siberian railroad. A 124-metre tall dam with the world's largest hydroelectric power station has been built across the river. The area is known to be one of the coldest regions in the world. During the winter 2000/2001 there were many telecasts and news reports from the area, because a new weather station had registered record low temperatures below 122° Fahrenheit / 50° Celsius.

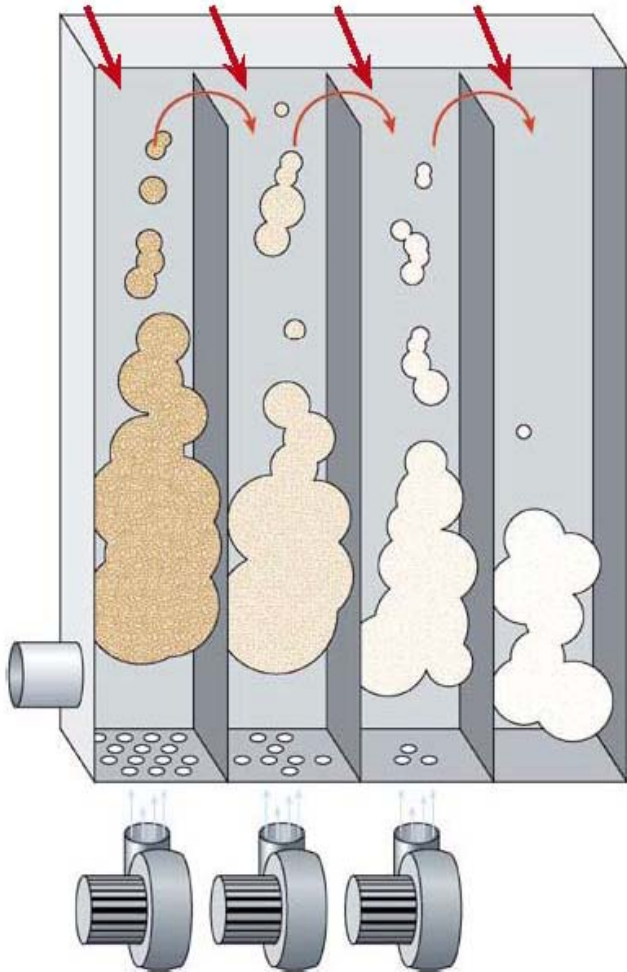
It is the extreme cold which makes the Siberian down particularly large and fluffy with a good fill power, which ensures superior quilt comfort. The pureness of the down is the highest possible ensuring the best and softest material for TempraKON down quilts.



TempraKON®



Down



TempraKON®



NOMITE

GOOD NEWS FOR ALLERGY SUFFERERS!!

Especially suited for people allergic to dust mites

Down and feather products are not the cause of house dust mite allergy or allergic reactions in the airways.

Down and feather products marked NOMITE are made with a dense cover (case) that forms a barrier against house dust mites. NOMITE down products comply with strict European requirements.

Down duvets and pillows provide instant warmth when you sleep. Combined with proper aeration to reduce the humidity, they create an environment that is less than ideal for house dust mites.

TempraKON Down bedding with the NOMITE label stand for quality and safety.

NOMITE
PAS 1008
REG NO 1046
suitable for persons suffering from house dust allergy



TempraKON®



OEKOTEX 100

Oeko-Tex 100 is a standard which guarantees the consumer that the product has been tested for its content of harmful substances always using the same limits and test methods. The certification of Quilts of Denmark products covers the fabric as well as the filling material.

The Oeko-Tex 100 certification of products from Quilts of Denmark guarantees that our products fulfil the strict standards set up by the Oeko-Tex organisation.



according to Oeko-Tex Standard 100
Nr. CXX 16360 TESTEX Zürich



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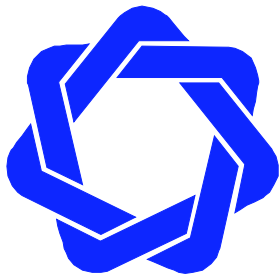


Danish Asthma-Allergy Association

the Danish Asthma-Allergy Association certification is your guarantee that TempraKON products are completely free from house dust mites and other harmful allergens when leaving the factory. Maintain your product according to recommended care instructions and you will enjoy a wonderful product for many years.

One important point of the listed requirements is that the products are manufactured in a way which allows washing of the final product at 140° Fahrenheit / 60° Celsius – as house dust mites are killed at approx. 131° Fahrenheit / 55° Celsius.

All TempraKON products are washable at Warm Wash.



**Asthma-Allergi
Forbundet**

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Downafresh

Downafresh is the latest regulation brand for down filling in quilts and pillows. It guarantees filling of extra high and clean quality.

Quilts of Denmark is a member of EDFA - the European Down & Feather Association. EDFA is the European organisation who sets standards and regulations in the down and feather industry.

Downafresh
Hygiene according to DIN EN 12935



TemprakON®



Care instructions / recommendations:

TemprakON products are produced with great care. To prolong the benefits and pleasures of the products it is recommended to take good care of them. Below, you will find a number of good pieces of advice regarding the care and treatment of your TemprakON down product.

In the morning when you wake up the bedding will still contain some humidity from your night's sleep. Let the bedding "breathe" for a while before you cover it with a bed spread or store it away. Air the bedding frequently but avoid vacuum cleaning and beating. Use a slightly wet sponge to get rid of dirt or small spots.

TemprakON down bedding is washable – even in your own washing machine, or for large comforter in industrial washing machines. For the best result follow the washing instructions below:

Wash the bedding alone in a washing machine with a capacity of minimum 7 kg.

Use a washing detergent without enzymes (for wool or down products).

Wash the comforter / pillow at Warm Wash

Spin the quilt in the washing machine after wash – low spinning level.

After wash, it is very important to dry the product carefully in a tumbler until it is completely dry. Drying time should be minimum 3 hours, but may vary depending on the tumbler and the product itself.



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Good advice on sleeping well

- ❖ The bedroom should be at the right temperature, i.e. not too hot or dry.
- ❖ Get up at the same time every day, even on your days off. This reinforces your body's internal clock.
- ❖ Make sure that you have a good bed that suits your needs in terms of size, mattress type and bedclothes.
- ❖ Avoid strenuous physical activities just before you retire for the night. It is better to exercise a couple of hours before you plan to go to bed.
- ❖ Avoid large meals, coffee and other stimulants before going to bed.
- ❖ Don't go to bed hungry. It is better to have a small snack with something warm to drink, such as calming tea or hot milk.
- ❖ A hot bath just before retiring for the night can also help to induce sleep.
- ❖ It has to be possible to shut external light out of the bedroom, and avoid television and pets.
- ❖ Create tranquility and order in the bedroom – it will make you tranquil too.

TempraKON®



Denmark – The Home of the Down Comforters

For centuries the Scandinavians have enjoyed the luxury of sleeping with down quilts and pillows. Especially in Denmark the craftsmanship of making quality bedding products has been made into an art.

Quilts of Denmark is a very innovative and modern manufacturer of quilts and pillows that combines this old tradition with the very best of today's modern technology. We are situated in the heart of Jutland, the mainland in Denmark.



TempraKON®



FAQ

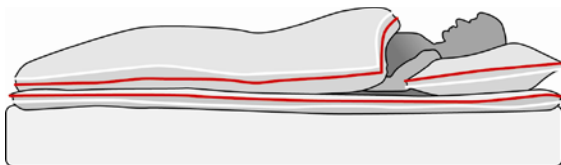
How does TempraKON bedding help you obtain a better night's sleep?

People typically set their bedroom temperature low. Heat radiating from the body is trapped beneath the quilt and can prevent your body from cooling down and sending you off to sleep. It is not uncommon for people to toss and turn as their bodies search for the ideal temperature. The heat-absorbing Thermocules™ in TempraKON bedding store and release excess body heat to keep the temperature and humidity in your bed in the optimum range for restful sleep. By eliminating temperature swings throughout the night, you are less likely to wake up from cold or overheating. The result is a deeper, more restful sleep.

How do I use TempraKON bedding?

Use these products as you would use your normal bedding. Just use normal bed linen to cover the quilt and pillow. TempraKON is constructed in such a way that the temperature-regulating effect, works through the cover.

If you use a Down topper, then place this on top of your mattress and cover with normal sheets. The best results are obtained by building a "cocoon" of TempraKON products with comforter, pillow and mattress.



TempraKON®



FAQ

Are TempraKON products suitable for everybody?

Yes. All of us have variations in our body temperature during our night's sleep. So TempraKON can benefit everybody – not just extreme warm persons.

What can I expect the first time I use TempraKON bedding?

When you first lay down, you will feel a cool sensation as the TempraKON bedding stores your body heat. It takes about 90 seconds for the product to adapt to your skin temperature. Some people find this sensation disconcerting the first few times they experience it and may initially be more comfortable going to bed wearing pyjamas or a T-shirt. It normally takes 1-3 nights to get used to sleeping with TempraKON bedding.

Which way should the red piping turn?

To achieve the maximum regulation effect, the side with the red piping (the active side) and corner label should be turned against your body. You can easily feel, through the cover, the active side by putting one hand on each side. The cooler side is the active side!

